

# Instructions for Sewing Fabric Mask

## Donated by A Bridge to Wholeness and Deca Wrap

### Materials in Kit for Adult Mask:

- 1 Piece Cotton woven fabric (like quilting cotton) pre-cut to 9.5" x 13.5" (one piece = 1 mask)
- 1 Piece Interfacing – Non Woven- Feather or Lightweight pre-cut to 9.25" x 6.25"
- 2 Pieces of ¼" Elastic cut to 7" length

### You supply:

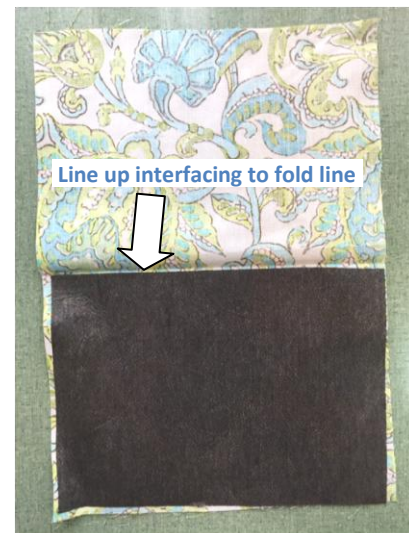
- Thread- Poly or Poly/Cotton
- Machine sewing only

Seam allowance is ¼". Use a 2.5 stitch length, backtack on all stops and starts and thru elastic for added strength. Recommended needle size is 11/75 or 12/80 (universal or sharp). Trim all threads and press when finished sewing.



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1. Press Cotton fabric in half, wrong sides together. Unfold and iron on interfacing to ½ of fabric on **WRONG SIDE** of cotton, lining up with fold line.

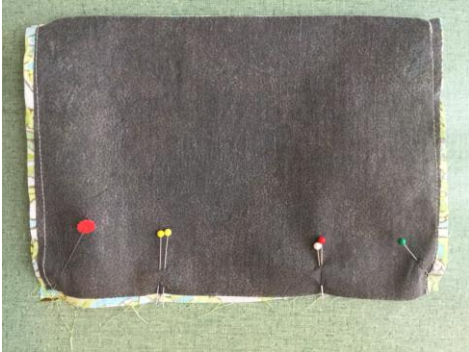
Note: Interfacing may be slightly smaller than fabric.



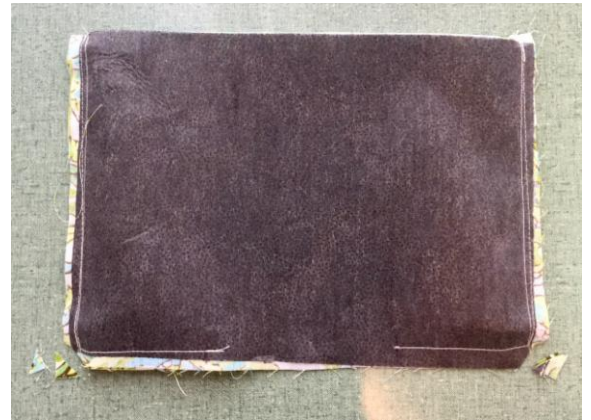
2. Attach elastic to **RIGHT SIDE** of fabric with interfacing to the back. On the right side, pin one end of elastic just below fold line and other end 3/8" from bottom edge as shown in photo. Do not allow elastic to twist. Stitch with ¼" seam allowance and back-tack with 3 rows of stitching through elastic. Repeat with left side attaching elastic as shown with 4 arrows.



3. Fold fabric in half with RIGHT SIDES together.  
Pin all layers and leave a 3.5" opening on bottom, long side.



4. Stitch  $\frac{1}{4}$ " seams on side and bottom, leaving a 3.5" opening for turning. Trim bottom 2 corners. Avoid cutting elastic. Turn right sides out.



5. Turn right sides out. Press, tucking in raw edges of 3.5" opening.



6. Fold in half lengthwise and press a crease on fold.



7. Open and refold the 2 long edges to almost meet in the middle (approx  $\frac{1}{4}$ " gap), along previous crease line. Press 2 long folds to create a crease.



8. You will have 3 crease lines. Unfold and with creases up.



9. Make a ½” tuck folding on crease and pin in place. Repeat for all pleats/tucks. 3 tucks on the left and 3 on the right.  
**Note: All the pleats on both side must face the same direction.**



10. Edgestitch, sew all around the mask close to edge, closing the 3.5” opening and through all tucks.



11. Press pleats flat and smooth, see samples below.



Follow your email instructions to return the finished masks to a drop off point.

If you have a question about construction, email [suzanne@decawrap.com](mailto:suzanne@decawrap.com).

**THANK YOU!** Your sewing is appreciated and helping so many at this difficult time.

For kits, sign up at

<https://zfrmz.com/8GmcEXuVgoTsaQkqIBTC>